



Peel Valley Congregation

Gowrie, Hallsville & West Tamworth

21 July 2024

Meg Mangan 0476 375 989

P.O. BOX 3315 WEST TAMWORTH

Mark 6:30-34, 53-56 (NLT)

Jesus Feeds Five Thousand

³⁰ The apostles returned to Jesus from their ministry tour and told him all they had done and taught.

³¹ Then Jesus said, "Let's go off by ourselves to a quiet place and rest awhile." He said this because there were so many people coming and going that Jesus and his apostles didn't even have time to eat.

³² So they left by boat for a quiet place, where they could be alone.

³³ But many people recognized them and saw them leaving, and people from many towns ran ahead along the shore and got there ahead of them.

³⁴ Jesus saw the huge crowd as he stepped from the boat, and he had compassion on them because they were like sheep without a shepherd. So he began teaching them many things

⁵³ After they had crossed the lake, they landed at Gennesaret. They brought the boat to shore

⁵⁴ and climbed out. The people recognized Jesus at once,

⁵⁵ and they ran throughout the whole area, carrying sick people on mats to wherever they heard he was.

⁵⁶ Wherever he went—in villages, cities, or the countryside—they brought the sick out to the marketplaces. They begged him to let the sick touch at least the fringe of his robe, and all who touched him were healed.

Other Lectionary Readings:

2 Samuel 7:1-14a Psalm 89:20-37



CHURCH SERVICES

28 July 11:00am **West** ~Graham Barwick



My Shepherd Will Supply My Needs

- 1 My Shepherd, you supply my need,
most holy is your name;
in pastures fresh you make me feed,
beside the living stream.
You bring my wand'ring spirit back.
when I forsake your ways;
you lead me, for your mercy's sake,
in paths of truth and grace.
- 2 When through the shades of death I
walk,
your presence is my stay;
one word of your supporting breath
drives all my fears away.
Your hand in sight of all my foes,
does still my table spread;
my cup with Blessings overflows,
your oil anoints my head
- 3 Your sure provisions gracious God
attend me all my days;
oh, may your house be my abode,
and all my work be praise.
Here would I find a settled rest,
while others go and come;
no more a stranger, nor a guest,
but like a child at home.

~ Isaac Watts (1719)

Singing Group - West Tamworth

2nd & 4th Monday 10am

Followed by a cuppa and a chat.....

Fabulous Finds Op Shop @ Hallsville

Open 9:30 to 1:00pm

Thursdays, Fridays, Saturdays.

Cuppa & chat always available.



..... enjoy & share the gift of the friendship of Jesus



IN OUR PRAYERS

- We continue to pray for Beulah, who remains a delight to visit, and in excellent spirits.
- Glenda Whitten also needs our continued prayers.
- We pray for Pat and Lindsay Donaldson. Pat is in hospital with pneumonia.
- We pray for calm and temperance in the United States.
- We pray for people finding it difficult to stay warm at the moment.
- We pray for the people of war-torn countries.

Meg's Musings

During such a cold week, it can be easy to focus on what we don't have - sunshine and warmth. Focussing on what we do have in our lives can help us through, and help us to appreciate all that God has blessed us with.

I feel fortunate that I'm not living in Goulburn (where I was born), or in Canberra (where we lived for 9 years).

Yesterday I felt fortunate to be driving a warm car when I saw a postman out on his bike in the freezing wind.

Looking out the window and seeing cheery flowers is a blessing.

Enjoying a nourishing bowl of soup is a wonderful way to warm up.

God has filled our lives with blessings - if only we recognise them when we see them!

Blessings from Meg



Treasure the smiles, good times, and memories.

Leave behind the hard times and enemies.

Hold onto faith, hope, and beliefs, and may your life be filled with

LOVE, PEACE AND GRACE. ~ anon

PEEL VALLEY CONGREGATION

Our goal: "To be transformed communities, experiencing, enjoying & sharing the gift of the friendship of Jesus."

Mission: "Called to be Free, Gifted to Serve."

Minister: **Rev Geoff Flynn 0421 338 202**

Pastoral Care: **Meg Mangan 0476 375 989**

Elders: Margaret Crowell Darvl Lush



"Although dandelions are vilified by the "lawn care" industry as weeds, they are the first food in the Spring of our disappearing bees and a mainstay of bouquets picked by children for their mothers.



Dandelions also are an important source of food for some birds...finches, for example, disappear from feeders when dandelions go to seed.

Dandelions are a sign of a safe, nontoxic lawn for your family, wildlife, and pets.

Long live Dandelions." ~ Joan Olive

Jackie Chan responded to a journalist's question about whether he is satisfied with his life with these wise words:

"You know, I once heard very wise words:

Your hard work is the dream of every unemployed person;

Your restless child is the dream of everyone without children;

Your small home is the dream of every homeless person;

Your little capital is the dream of every debtor;

Your poor health is the dream of every patient with an incurable disease;

Your peace, your peaceful sleep, your accessible food is the dream of everyone in a country at war.

You must appreciate everything you have.

After all, no one knows what tomorrow will bring."

~ Joys in Life

It's easy to defeat someone, but it is very difficult to win someone.

~ Dr Abdul Kalaam

Ephesians 2:11-22 (NLT)

Oneness and Peace in Christ

¹¹ Don't forget that you Gentiles used to be outsiders. You were called "uncircumcised heathens" by the Jews, who were proud of their circumcision, even though it affected only their bodies and not their hearts.

¹² In those days you were living apart from Christ. You were excluded from citizenship among the people of Israel, and you did not know the covenant promises God had made to them. You lived in this world without God and without hope.

¹³ But now you have been united with Christ Jesus. Once you were far away from God, but now you have been brought near to him through the blood of Christ.

¹⁴ For Christ himself has brought peace to us. He united Jews and Gentiles into one people when, in his own body on the cross, he broke down the wall of hostility that separated us.

¹⁵ He did this by ending the system of law with its commandments and regulations. He made peace between Jews and Gentiles by creating in himself one new people from the two groups.

¹⁶ Together as one body, Christ reconciled both groups to God by means of his death on the cross, and our hostility toward each other was put to death.

¹⁷ He brought this Good News of peace to you Gentiles who were far away from him, and peace to the Jews who were near.

¹⁸ Now all of us can come to the Father through the same Holy Spirit because of what Christ has done for us.

A Temple for the Lord

¹⁹ So now you Gentiles are no longer strangers and foreigners. You are citizens along with all of God's holy people. You are members of God's family.

²⁰ Together, we are his house, built on the foundation of the apostles and the prophets. And the cornerstone is Christ Jesus himself.

²¹ We are carefully joined together in him, becoming a holy temple for the Lord.

²² Through him you Gentiles are also being made part of this dwelling where God lives by his Spirit.

Words from Rev Geoff

A Reflection on the 17 th UCA Assembly.

The world is full of walls. There are fences, gates, partitions and barriers all aimed at keeping something or someone in or out. We need walls to protect us from the weather and hostile intruders, and to improve organization and efficiency. But walls, both literal and spiritual, can lead to grief, division and even violence. All walls serve a purpose, but not all walls serve the purposes of God. In Ephesians 2 we read that Christ has "broken down the dividing wall, that is, the hostility between us"; If we are to live this message as members of the UCA in an era where hostility is on the increase, then we need to confess our contribution to the building of walls out of the raw materials of sin and division and the glue of labeling and prejudice.

As I look at the reports emanating the 17 th Assembly of the UCA I am encouraged by the seriousness at which our Church is seeking to proclaim a gospel of peace and reconciliation. The theme of "Weaving Threads of Love." chosen by our President, the Reverend Charissa Suli, is a vision for a multicultural church that is being woven together by faith in the reconciling love of Christ.

Ngarrindjeri man Sean Weetra from the UAICC Congress challenged members of the Assembly and the wider Church to ensure the covenant between First and Second Peoples is more than just words, but a living breathing, commitment to equity and partnership.

The Reverend Dr Paul Dongwon Goh our President-Elect is currently Justice & CALD Multicultural and Cross-Cultural Officer in SA. He has served the Assembly as Advocate of the Being a Multicultural Church Circle. The Assembly gave thanks to God for the work and witness of the National Council of Churches in Australia (NCCA) over the last thirty years. NCCA facilitates the Faith and Unity Commission, the Churches Refugee Taskforce, the Churches Ecological Taskforce, and Act for Peace.

The Assembly resolved to "invite congregations and councils of the Church to welcome and honour transgender, gender diverse, and intersex people, and the gifts and skills they bring to all aspects of the Church's life, including worship, leadership, and social justice advocacy."

Ephesians reminds us that Unity is not manufactured by human hands busy trying to pursue multiculturalism and tolerance. Peace is not just a ceasing of conflict or the absence of violence. Ephesians teaches us that unity and peace are not things at all; they are a person. Christ is our peace; in his flesh he has made both groups into one and has broken down the dividing wall. In Christ's death on the cross, peace has been achieved and hostility has been crucified that we may be reconciled to God and our neighbour.

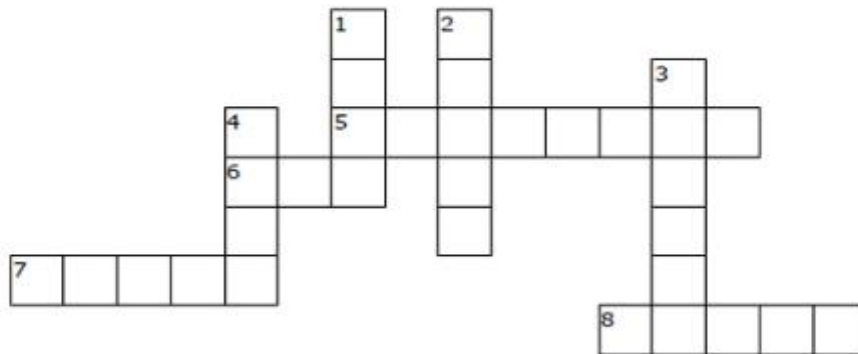
Rev Geoff



Getting Away from It All

Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." So they went away by themselves in a boat to a solitary place. Mark 6: 30-32

Puzzle is based on Mark 6:30-34



ACROSS

5. The early followers of Jesus
6. To take solid food through the mouth
7. Without noise or activity
8. To give knowledge or skills to others

DOWN

1. A small vessel for traveling on water
2. A large group of people
3. Any group of men, women, and children
4. To take a break from activity

B O A T V F Z S S P Q W T W A
 V S P A M W N Y W H E N H I W
 H Y V K B W B K Z J E O D N Y
 T L R W O U A E O B E E P C U
 O Q A T A Z Z V F H T T P L B
 W J P R C G S O L I T A R Y E
 N M O P G Y F J U B D X R F T
 S H S Z E E G R N T I L N E W
 N I T N P Q I I T V E K Y T S
 K W L D K U U S U D K I X U B
 T F E K M I E I S D Q X S B Z
 S E S A S R S H E P H E R D I
 D Y A V O B H R M T J W G U Q
 N I Q C C C R O W D G E I O L
 V X Q A H Y I G S O E A T N M

PEOPLE	TOWNS	SHEEP	BOAT	REST
APOSTLES	JESUS	CROWD	LARGE	TOWNS
SHEPHERD	SOLITARY	EAT	QUIET	TEACH

~ Sermons 4 Kids

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